

**QI HEALING CENTER PRESENTS:
CHOW MEDICAL QIGONG, FEATURING
WORLD- RENOWNED QIGONG GRANDMASTER DR. EFFIE CHOW
Presidential Appointee to the White House Commission on
Complementary and Alternative Medicine Policy
40 years of Qigong and TCM Training and Practice
PhD in higher education, Masters in Behavioral Sciences and Communication
Acupuncturist, Public Health and Psychiatric Nurse**

Dr. Chow has made over 400 TV appearances, written over 50 articles, co-authored Miracle Healing from China ... Qigong, travels internationally speaking on qigong, and is the founder and chairperson of the World Qigong Congress (which meets annually), and in 2006 was awarded the “International Contribution to Status of Qigong” at the International Qigong Conference in Bangkok Thailand. Dr. Chow is affectionately referred to by many as the “grandmother” of Qigong in the United States. She is known world wide for her specialty: aiding those with seriously illnesses, in particular the elderly, immobile, “paralyzed”, those suffering from neuromuscular disorders; and reversing the aging process so people appear 20 years younger. Many testimonials have been written of her “miracle” healings where clients walk for the first time in years, or in some cases, the first time in their life ... discarding their wheelchairs in the process.

Join Dr. Effie Chow for:

**An Introduction Basic Skills Workshop, and
Four in-depth weekend training programs of Level One: Chow Integrated
Healing System and Medical Qigong**

Qigong is an essential part of Traditional Chinese Medicine (TCM). Through specific meditations, and physical and mental energy exercises designed by Dr. Chow, you will learn and experience the innate healing energy that exists within each of us. You will be taught how to connect deeply with the internal power that is there to guide and heal you physically, mentally, emotionally and spiritually.

“Effie Chow is one of the strongest energy-based healers and acupuncturists I have met and I have seen with my own eyes some of the remarkable results of her Qigong work.”
Dr. Deepak Chopra

“The work of Dr. Chow is impressive. She has had remarkable success where others have failed.” Dr. Thomas Malone (Former) Deputy Director, National Institutes of Health

She (Dr. Chow and Qigong) can bring movement to legs that have not walked in years, but is not a physician; can make pain disappear, but is not a magician; can help one overcome life’s pressure and disappointments, but is not a psychiatrist.” Asian Week

Experience the profound and revitalizing effects of World Renowned Qigong Grandmaster and Author Dr. Effie Chow. Workshop participants and clients from all

over the world feel energized, motivated, and in charge of their health after learning Dr. Chow's Integrated Healing System – Chow Qigong.

**RENEW, REVITALIZE, REPLENISH! IT'S NOT A SPA
IT'S YOUR MIRACULOUS LIFE ENERGY, QI!**

Open yourself to the gift of healing through your own life energy (Qi) and the ancient practice of Qigong ... whether it's to increase your own personal wellness or the wellness of others, you'll learn valuable lessons for improving quality of life.

**“GIVING INDIVIDUALS THE POWER TO DETERMINE AND MANAGE
THEIR OWN HEALTH IS THE SECRET OF TRUE HEALING.” Dr. Effie Chow**

Fee Schedule:

Introductory Basic Skills Workshop

Fees	Early Registration by 11-5-2007	Registration after 11-5-2007
Entire Program	\$200	\$275
Friday, 11-16, 6-8:30 pm	\$20	\$25
Saturday, 11-17, 9am-4pm	\$150	\$175
Sunday, 11-18, 9am-4pm	\$150	\$175

Location: FRI – Central Union Church; SAT – McKinley Cafeteria;
SUN – NBC Meeting Room (next to Ticket Booth)

**Come for 1 night, 1 day, or a whole weekend of healing ... CE available
Space is Limited ... Registration Basis is First Come First Served ... So Register Today**

To register or for more information about becoming a certified Chow Qigong practitioner: judgericklee@aol.com, Lily at 808-349-7378, www.eastwestqi.com.

Chow Medical Qigong Intensive 100 Hour Certification Program (4 Weekends)
FEB 15-17, 2008; MARCH 28-30, 2008; APRIL 18-20, 2008; MAY 23-25, 2008

The Early-bird fee by 12-31-2007 is \$1990. The Regular Fee is \$2250 for the 4-weekend program. On and after the first day of class fee is \$2500 ... and \$550 each weekend if paid separately. Space is limited so register early. A non-refundable \$500 deposit will hold space. Come for 1 day, 1 weekend, or the four whole weekends of healing ... it's up to you! **Special: For each fully paid student that you sign up, you will receive a \$300 discount. Immediate Family members may have 50% discount tuition! (with document).**

Everyone is invited every Friday evening as our guest (donations appreciated, but not necessary). No one is refused entry on Fridays because of finances.