

PROFILE of

DR. EFFIE POY YEW CHOW

“Giving individuals the power to determine and manage their own health and destinies is the secret of true healing.”

Dr. Effie Poy Yew Chow



“The work of Dr. Chow is impressive. She has had remarkable success where others have failed”

Dr. Thomas Malone
Former Deputy Director
National Institutes of Health

In July 2000, Dr. Chow was appointed by President Clinton to the original 15 member White House Commission on Complementary and Alternative Medicine Policy. Recipient of the “Visionary of the Year 1997” “The Humanitarian of the Year 1999” and “The Visionary of the Decade 2000” Awards, Dr. Effie Poy Yew Chow has for over thirty years been working to integrate Traditional Chinese Medicine (TCM) with Western Medicine. Toward this goal, she founded the East West Academy of Healing Arts (EWAHA) in 1973 in San Francisco. In 1988 The EWAHA Qigong Institute, was established within EWAHA to promote research and clinical work in medical Qigong. In 2003, she was appointed by the Museum for Science and Industry, Chicago to a 15 member national task force for their 21st Century Initiative on Life and Health.

Clients come from all parts of the world to consult with Dr. Chow. She travels internationally to see clients, give seminars and train practitioners. She has personally made presentations to over 250,000 people of all cultures, and to more than 350 corporations, including Fortune 500 companies, hospitals, health clinics and universities.

Dr. Chow has a Ph.D. in higher education, and a master’s degree in behavioral sciences and communication. She is a registered public health and psychiatric nurse and Qigong Grandmaster with 35 years’ experience. She is a National Diplomate in Acupuncture(NCCAOM) and a California-licensed acupuncturist since 1977. Dr. Chow received her training in Traditional Chinese Medicine and Qigong in China, Hong Kong, Taiwan, Canada and the United States. Her Qigong experience includes Frolic of Five Animals, White Crane, Taoist Qigong, Eight Silk Brocades, Taiji (Tai Chi), Wai Tan Kung, Shaolin, Microcosmic Orbit and other styles.

She is the only Qigong Grandmaster and Acupuncturist in North America who has been active in the development of national health policies within the U.S. Department of Health and Human Services (DHHS) in the field of cultural diversity, alternative and ethno-medicine. In the early development of acupuncture licensing law in California, Dr. Chow was a consultant to Senator Moscone and other legislators. For over 25 years she has been consultant with the DHHS in various areas, such as the National Heart, Lung and Blood Institute, and the Minority Task Force. She has served as an appointed member of the National Advisory Council to The Secretary of DHHS on Health Professions’ Education for Medicine, Osteopathy, Dentistry, Veterinary, Optometry, Pharmacy and Podiatry (MODVOPP).

Dr. Chow was recognized for her expertise in the field of alternative medicine, Qigong and TCM through an appointment to the first Ad Hoc Advisory Panel of the Congress-mandated Office of Alternative Medicine at the National Institutes of Health (research Division of DHHS) in Bethesda, Maryland. Other appointments include: the Editorial Advisory Board of Rodale Press for special publications on alternative medicine; Editorial Consultant to Time/life Books; Editorial Advisory Board of the *Journal of Alternative and Complementary Medicine*; and the scientific Advisory Board of the Richard and Hinda Rosenthal Center for Alternative/Complementary Medicine at Columbia University in New York; advisor to the Institute of Healing Arts and Sciences at the University of California San Francisco and a teacher to the medical students; Advisory Board for a special project of Bastyr University of Naturopathic Medicine, Seattle, WA. She received honored recognition by the Ethnic/Racial Minority Fellowship Program of the American Nurses Association.

She has made over 250 television appearances including *Dini* and *Canada Am*. Dr. Chow has been interviewed frequently on radio, and has been the subject of many news media publications in both North America, Europe and Asia. She participated in several television series on alternative medicine which has been shown worldwide. She has received a number of awards and other recognition for her significant contributions in the field of Traditional Chinese Medicine, Acupuncture, Qigong, & health care. Included are:

- “Year 2000: Qigong Promoter of the Year Award” for extraordinary services in promoting the cause of Qigong in the world. World Shaolin Chanmingong Association. April 23, 2000
- “Visionary of the Year” Award, from the Second World Congress on Qigong, 1997.
- The City and County of San Francisco proclaimed November 22nd as “Dr. Effie Poy Yew Chow Day”, and November 20th-26th as “Qigong Week”, 1997.
- “The President’s Citation Award” of the American Association for Acupuncture and Oriental Medicine, 1989.
- Distinguished Award from the National Society of Acupuncturists of the Republic of China, 1988.
- Distinguished Award from the Ministry of Health, Department of Occupational Health, Republic of China, 1988.
- The American Nurses’ Association (ANA) Award for Women’s Honors in Public Service.
- Award in Entrepreneurship, given by the Human Rights and Minority Fellowship of ANA, 1988.
- Outstanding Service Award towards the recognition, advancement and acceptance of the Science of Acupuncture in the United States of America, given by the National Acupuncture Association.
- Listed in “Women’s Who’s Who of the World”.
- “The Woman Warrior Award” from the Pacific Asian American Women’s Bay Area Coalition.

Dr. Chow is founder and president of the American Qigong Association and the World Qigong Federation. Qigong Grandmaster Effie Chow was the chairperson for the World Congress on Qigong. The World Congress on Qigong takes place annually.

Charles T. McGee, MD and Effie Poy Yew Chow, PhD have co-authored a book “Miracle Healing From China...QIGONG” (MediPress, Coeur d’Alene, Idaho, 1994).

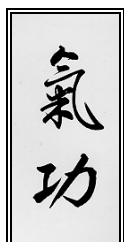
Chow Qigong System videotapes: vol.1 “Qigong Basics and Exercises”; vol.2 “Qi Pressure”, and an audio meditation tape are available.

Dr. Chow is available to present programs and consult with individual clients in your area.

“She (Dr. Chow and Qigong) can bring movement to legs that haven’t walked in years, but is not a physician; can make pain disappear, but is not a magician; can help one overcome life’s pressures and disappointments, but is not a psychiatrist.”

Asian Week

***“Effie Chow is one of the strongest energy based healers and acupuncturists I have met and I have seen with my own eyes some of the remarkable results of her Qigong work” –
Deepak Chopra, M.D.***



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